

## 1.13.2 Spiritual Development

### Regulations and Standards

#### England

- [Regulation 7: The children's wishes and feelings standard](#)  
[Guide to the children's wishes and feelings standard](#)
- [Regulation 8: The education standard](#)  
[Guide to the education standard](#)
- [Regulation 9: The enjoyment and achievement standard](#)  
[Guide to the enjoyment and achievement standard](#)
- [Regulation 10: The health and well-being standard](#)  
[Guide to the health and well-being standard](#)
- [Regulation 13: The leadership and management standard](#)  
[Guide to the leadership and management standard](#)
- [Regulation 14: The care planning standard](#)  
[Guide to the care planning standard](#)

#### Wales

- [Social Services and Well-being \(Wales\) Act 2014](#)
- Regulation 21: Standards of care and support – overarching requirements  
<https://www.legislation.gov.uk/wsi/2017/1264/regulation/21/made>
- Regulation 25: Respect and sensitivity  
<https://www.legislation.gov.uk/wsi/2017/1264/regulation/25/made>
- Regulation 33: Access to health and other services  
<https://www.legislation.gov.uk/wsi/2017/1264/regulation/33/made>
- Regulation 34 – Staffing overarching requirements  
<https://www.legislation.gov.uk/wsi/2017/1264/regulation/34/made>
- National outcomes framework: Measuring well-being  
<https://gov.wales/topics/health/socialcare/well-being/?lang=en>

This Procedure should be read in conjunction with **Caring for Children from Minority Ethnic Groups Guidance** and **Assessment of Children and Families from Black and Ethnic Minority Backgrounds Guidance**

Every child must be offered opportunity to explore spiritual development which promotes spiritual, moral, cultural, mental and physical development which prepares each child for opportunities, responsibilities and experiences of later life.

Each child's **My Life Plan** or **Personal Plan** should show how their religious and spiritual development needs are being accounted for; with a view to encouraging and supporting them to maintain a positive regard for their background and culture. Within the plan you should incorporate each child's culture, religion and faith into their daily routine.

In addition to the Plan, the following should be adhered to:

1. Children should be provided with balanced information and advice about their own religion and cultural background, or that of their family;
2. If they wish to do so, children should be encouraged and supported to join or confirm their faith. They should also be supported to explore and choose a different faith or no faith at all;
3. Children's daily routine, including their mealtimes and diet, should be amended to account for their religious and spiritual observances/needs;

See **Nutrition, Diet and Mealtimes Procedure**

4. Birthdays or other celebratory days or occasions relating to children's preferred religion will be given special significance and celebrated as appropriate;
5. Children should also be encouraged to explore and understand different religions and cultures to their own; this should include meeting people with different backgrounds and cultures.

Date last updated: May 2020

Date of next review: May 2021

**End**